

NAMI Central Middlesex offers:

Rescheduled for
May 18th, 2022

9:00 AM—12:00 Noon

Planning for In-person
Burlington Church of Christ
344 Cambridge Street
Burlington, MA
Via Zoom, if necessary

Registration Required:
namicentramiddlesex.org

For more information, contact:

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Burlington Church of
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Faith Communities & Mental Health

Free Training for Faith Community Leaders

Because religion and spirituality often play a vital role in healing, individuals and families experiencing mental health issues often turn to a faith leader for help. Yet faith leaders, staff and outreach volunteers can lack the information and education to be confident as they assist people navigating mental health challenges.

If your community is ready to build bridges of hope for those living with mental illness, this is a perfect **3-hour training**, which features:

- An informative overview of mental wellness
- Guidance for faith communities in promoting wellness and inclusion for affected individuals and families
- Storytellers sharing their lived experiences at the intersection of mental health and faith communities
- Small group discussions to promote cultures sensitive to those with mental health challenges
- A tool kit of community resources

Who should attend?

- Rabbis, imams, clergy, priests, pastors, deacons, elders, and lay leaders

Panelists include: clergy members with social work training and counseling experience and a seminary student living with a mental health condition



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