



Two-day Leader Training
Saturday, March 23/24, 2024, (9 am – 5 pm)
At NAMI Massachusetts office in Woburn, MA

NAMI Basics is a free, 6 consecutive week educational program for parents and other care providers of children and adolescents experiencing behavioral and emotional challenges.

A NAMI Basics teacher is a trained NAMI leader who plays an important role in ensuring that all participants feel welcomed and supported. NAMI teachers are uniquely qualified to lead a class as they love and support a child of their own living with a mental health condition. Teachers therefore can empathize with and encourage those who are just beginning to understand their child's difficulties or those entrenched in their child's continuing care. This program is unparalleled in the field. Family education is powerful!

Basic teachers are volunteers who become certified to lead a class by completing the week-end training. Attendees in training will learn and practice specific skills that will guarantee a meaningful and informative educational experience for all participants. After the training, certified teachers will know how to deliver class content, encourage collective thought, and direct energy towards productive outcomes. Teachers make use of a class manual and facilitations skills to ensure participants experience a safe learning environment. Teacher trainees must go through an application and screening process before being approved to attend a training event.

Teacher Trainee Prerequisites:

- Prospective teachers must be parents or other primary caregivers of a child or adolescent living with a mental health condition.
- All NAMI teachers must be at least 18 years of age and members of NAMI.
- NAMI Basics teacher trainees are asked to co-teach a minimum of two courses. Each teacher's contribution for teaching one course is acknowledged with a \$500 stipend.

All meals and program supplies are provided free of charge to all trainees. Hotel accommodation is provided for trainees from far-flung affiliates.

For more information on how to get started, please contact Ilya Cherkasov at 617 286 7607 or icherkasov@namimass.org.

NAMI Massachusetts 331 Montvale Ave, Suite 200, Woburn, MA 01801
Phone: 617-580-8541 Email: Info@namimass.org Website: www.namimass.org